



The Highland Heartbeat

Highland, a Place to be Seen, Known, and Loved

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Highland Presbyterian Church, 500 E. Roseville Road, Lancaster, PA 17601

www.highlandpc.org

Put Your Caring Gifts to Use to Connect with Others!

Parish Visitors are caring professionals who reach out and support care receivers of all types, offering active listening, care, prayer and support. Each parish visitor decides on the kind of support they choose to offer and are then matched with members and guests who need this type of support. Frequent contact occurs through phone calls, cards, emails, and visits where appropriate given the constraints of residents' locations. This year Parish Visitors have attended memorial services, graveside services, taken their care receivers to lunch or dinner after church, and stayed in touch as is appropriate for each Parish Visitor and the people they are visiting. Some have delivered food when needed, but all the Parish Visitors continue to support their individuals. Pastor Ann offers a one-hour periodic training for men and women to serve as Parish Visitors.

Hospital Visitors visit members in local hospitals and rehab centers helping to support regular Ministers' visits. After training, volunteers determine which weekday they want to visit and receive assignments and locations from Pastor Ann. Volunteers are also needed to visit hospice and skilled care centers or work as teams to assure that Highland's members and guests receive frequent visits. In addition, Deacons visit on Sundays, taking flowers from the service to hospitalized congregants. Ministers and Parish Associates also make regular visits with hospitalized congregants, also visiting rehab, personal care, and retirement center locations. More hospital visitors are needed, and Pastor Ann is scheduling a training event in mid-October.

Health and Hope (Project Goal) This ministry supports educational events, networking and resources for families dealing with the effects of a family member dealing with addiction, and to recruit speakers to provide training to Highland's members. The ministry is instrumental in supporting a 'closed AA Group for Women' at Highland and is helping to network individuals and families dealing with the diseases of addiction with support resources, and assistance. More Volunteers are needed to continue this ministry. Health and Hope Ministry Goals for 2024-25 include providing more congregational opportunities for education and referral, online educational events and expanding awareness of this valuable ministry to new Highland volunteers and members.

Saturday, November 9th Conversation on Caring Ministries at Highland – All Highland Members are invited to participate in a 'Conversation on Caring Ministries Needed at Highland' in Fellowship Hall from 9:30am to 11:00am to envision and plan for the future. Signups will be offered in the Narthex in mid-October. Plan now to participate in this event!



WORSHIP SERVICE/PREACHING CALENDAR

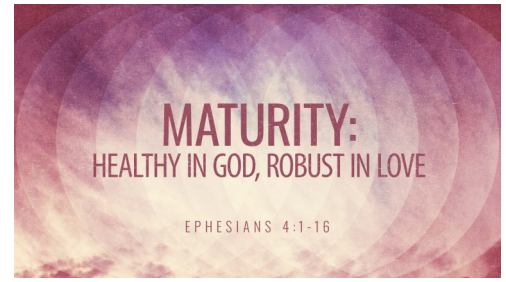
THIS WEEK'S SCRIPTURE: Ephesians 4:1-16

SERMON: "Maturity: Healthy in God, Robust in Love"

PREACHING SCHEDULE

August 11 ~ Pastor Matt
August 25 ~ Pastor Allison
September 8 ~ Pastor Allison
September 22 ~ Pastor Allison

August 18 ~ Pastor Allison
September ~ Pastor Matt
September 15 ~ Pastor Allison
September 29 ~ Pastor Allison



VIEWING OF ONLINE SERVICES

- Go to www.youtube.com
- In the YouTube search bar, type "Highland Presbyterian Church"
- You should see the Highland picture (as seen below) at the top of the search results, click it.
- Here, you will find all of our weekly services and devotionals by date, including our recent online services.
- Worship services are livestreamed here at 10 am on Sunday mornings so you can watch it as it happens.

GIVING

- Mail your contributions to Highland Presbyterian church at 500 E. Roseville Road, Lancaster, PA 17601.
- Go to our www.highlandpc.org and select the "Give Now" button in the upper right-hand corner. It will walk you through how to give using your credit or debit card.
- Scan the QR code below and it will take you to the online giving on our website.

If you have general questions, please contact Mike Nolt, Church Administrator at mikenolt@highlandpc.org or call the church office at 717-569-2651.



PRAYER LIST

In Memory

Family of Donald Pentz
Family of Gene Hannum
Family of Hazel & Walter Wright

In Prayer

Maggie Brightman
(family member of the Gazdziak's)
Robert Coup
Judy Eyster
Pete Faber
Linda Guimond
Lois Hagedorn
Luther Heiser
Deb Herr & Family
Marge Herrmann
Gretchen Laubach
Family of Jim Loose
Joyce McClintock

Bill & Marge Mann
Dave Morton (relative of Jen Winter)
Shirley Offermann
Dorie Steinman
John Wolfe
Our Nation

PASTOR ON CALL

Rev. Allison Beaulieu

August 5 ~ August 11



Names found on the Heartbeat prayer list will remain on the list for 30 days. If you would like the name to be included after 30 days, please contact the church office to re-add them. To request a name to be added to the Prayer List, kindly first obtain permission from the individual then call the church office to have them added.

ANNOUNCEMENTS

Highland Afghan Resettlement Initiative Needs Your Help: A young Afghan woman whom Highland resettled in Lancaster in 2021 now has an opportunity to bring the rest of her family to the US. Sahar's father is a doctor who, while vaccinating children in Afghanistan for the World Health Organization, was kidnapped, tortured, and held for ransom by the Taliban. He managed to escape and fled with his wife and four children to Pakistan. We learned this week that through a government organization called Welcome Corps, Sahar can be reunited with her family if she can get a Sponsorship Group AND part of the initial \$15,000 cost by **July 31st**. We have the group together (woo hoo!) but need your help with the finances. A GoFundMe page has been set up and there will be another fundraising opportunity through the church, pending Session approval. <https://gofund.me/a57a8223> For more information please contact Lynn Dawson, Co-Chair, Highland Resettlement Initiative & Matthew 25 Committee.



Committee Spotlight This week we highlight the Prayer Chain. The Prayer Chain is a dedicated group of thirty men and women who function behind the scenes when a specific prayer request comes to us. Examples of such requests are an upcoming surgery, sudden illness or some overwhelming event. All requests are highly confidential as we raise these concerns in prayer. Your name does not need to appear in the Heartbeat. The requests often come through Pastor Ann, or you may contact Donna Stettler at the office, Connie Towers, Marion Drain or Jack Snyder. If you have any specific questions or are interested in joining this ministry, you can notify one of us or the church office. There are no monthly meetings and no instruction on how often to pray. Prayer requests are passed down the prayer chains and you just let the Holy Spirit be your guide. The recipients have often told us that our prayers are felt. God is good!

Attention committee chairs! Have you been missed in the Committee Corner? To date we have highlighted 28 committees, with just a few more to go. If you were missed, please see Barb Droz, so we can get your information into a future Heartbeat.

A Summer Book Reading Suggestion: Highland's Matthew 25 group invites you to join us in reading the book *Brown Faces, White Spaces* by Latasha Morrison. "The *New York Times* bestselling author of *Be the Bridge* calls people of faith to be a part of lasting change and help heal the racial disparity in our country—together.. Many of us feel overwhelmed by the problem, unsure how we can make a difference. Yet God calls the church to stand firmly committed to racial reconciliation—and for each one of us to make choices that lead to healing... This honest, hope-filled book shows us how we can reform historically white spaces and create systems that work for the good of all." A book discussion group is planned this Fall and all are invited to attend. **More details to follow soon.**



Presbyterian Women will once again send Christmas gift bags filled with toiletries, etc, to all the residents at Red Rose Assisted Living. How can you help? Collect any toiletries you don't use in hotels as you travel this summer. Use your remaining dollars from Medicare Advantage quarterly pharmacy plan to order the items like toothpaste, mouthwash, and toothbrushes. See a deal while you are shopping, think of this mission work and pick up extra. Thanks for your support!



Market Share Program seeks to offer help tackling hunger and the need for fresh water. It is part of both the Local Outreach and Global Mission committees. Gift cards from Giant, Oregon Dairy, Stauffers or Weis are sold at our desk in the Narthex every Sunday. The cards are sold at a face value of \$50 or \$25. You use the card at that same face value, but we get a 5% return. That is the money that is sent away to help others. Over \$150,000 has already been given. These cards are easy to use and work like a debit card for anything sold by that store: your groceries, pharmacy scripts, garden supplies and flowers, restaurants, and gas. We would all like to help others but sometimes find it hard to fit into our ives. However, you do go buy groceries and other necessities on a regular basis. Consider that your use of the grocery gift cards we sell here---even one card a month--- will make a difference. No effort is too small to be of help to curb the hunger so prevalent in Lancaster and our world. Please remember to visit the Market Share desk on Sunday mornings and join the mission!

Save the Dates

Sunday, August 25 ~ Meet and greet with Sarah Hostetter and Pastor Matt Drumheller
Sunday, September 8 ~ Rally Day

MISSION & OUTREACH CORNER

SERVING OTHERS

